



TEAMS BY DIVISION

1-2 Grade Boys

Team	Practice Day	Practice Area	Practice Time
Bears	Tuesday	FLC 3	5:30 PM
Bulldogs	Tuesday	FLC 4	5:30 PM
Eagles	Thursday	FLC 4	5:30 PM
Falcons	Monday	FLC 1	5:30 PM
Hawks	Monday	FLC 2	5:30 PM
Indians	Monday	FLC 4	5:30 PM
Knights	Tuesday	FLC 1	5:30 PM
Panthers	Thursday	FLC 1	5:30 PM
Patriots	Thursday	FLC 3	5:30 PM
Rebels	Monday	FLC 3	5:30 PM
Warriors	Thursday	FLC 2	5:30 PM
Wildcats	Tuesday	FLC 2	5:30 PM

Number of Teams : 12



TEAMS BY DIVISION

1-2 Grade Girls

Team	Practice Day	Practice Area	Practice Time
Little Cougars	Thursday	Spence 1	5:30 PM
Little Flash	Tuesday	Spence 1	5:30 PM
Little Lightning	Friday	Spence 1	6:30 PM
Little Penguins	Monday	Spence 1	5:30 PM
Little Rams	Tuesday	Spence 2	5:30 PM
Little Wolves	Thursday	Spence 2	5:30 PM

Number of Teams : 6



TEAMS BY DIVISION

3-4 Grade Boys

Team	Practice Day	Practice Area	Practice Time
Blue Devils	Monday	FLC 3	6:30 PM
Cavaliers	Tuesday	FLC 4	6:30 PM
Dukes	Monday	FLC 4	6:30 PM
Gamecocks	Tuesday	Spence 1	6:30 PM
Hokies	Tuesday	FLC 3	6:30 PM
Seminoles	Tuesday	Spence 2	6:30 PM
Spiders	Thursday	FLC 3	6:30 PM
Tar Heels	Thursday	FLC 4	6:30 PM
Terrapins	Friday	FLC 1	5:30 PM
Tigers	Friday	FLC 2	5:30 PM
Wolfpack	Friday	FLC 3	6:30 PM
Yellow Jackets	Friday	FLC 4	6:30 PM

Number of Teams : 12



TEAMS BY DIVISION

3-4 Grade Girls

Team	Practice Day	Practice Area	Practice Time
Lady Blue Devils	Tuesday	FLC 2	6:30 PM
Lady Cavaliers	Monday	FLC 2	6:30 PM
Lady Dukes	Tuesday	FLC 1	6:30 PM
Lady Heels	Thursday	FLC 1	6:30 PM
Lady Hokies	Monday	FLC 1	6:30 PM
Lady Seminoles	Friday	FLC 4	5:30 PM
Lady Tigers	Thursday	FLC 2	6:30 PM
Lady Wolfpack	Friday	FLC 3	5:30 PM

Number of Teams : 8



TEAMS BY DIVISION

5-6 Grade Boys

Team	Practice Day	Practice Area	Practice Time
Bulls	Tuesday	FLC 1	7:30 PM
Celtics	Monday	FLC 1	7:30 PM
Hornets	Tuesday	FLC 2	7:30 PM
Knicks	Monday	FLC 2	7:30 PM
Lakers	Friday	FLC 1	7:30 PM
Nets	Friday	FLC 2	7:30 PM

Number of Teams : 6



TEAMS BY DIVISION

5-6 Grade Girls

Team	Practice Day	Practice Area	Practice Time
Lady Hawks	Monday	FLC 3	7:30 PM
Lady Hornets	Thursday	FLC 1	7:30 PM
Lady Lakers	Monday	FLC 4	7:30 PM
Lady Rockets	Thursday	FLC 2	7:30 PM

Number of Teams : 4